

Scoil Chroi Ró Naofa

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A GREEN SCHOOL

HEAD LICE

Dear Parent/Guardian.

Unfortunately, we have to write to you concerning head lice in your child's class.

From discussing this issue with parents who have successfully dealt with the problem, please find below further information:

With all the treatments available parents seem to find the **Full Marks** brand the most effective. It isn't that expensive and you will get multiple treatments from one bottle.

The treatment doesn't remove the nits from the hair so these need to be removed with a fine tooth comb or using your nails.

Once head lice enter your hair they start to lay eggs (nits) straight away, these can sometimes be more noticeable than the Head lice as the can't move and seem to glisten in the light (they are also more noticeable when the hair is wet)

The time frame for removing head lice is 11 days.

Eggs laid on day 1 can take up to 10 days to hatch, and once they hatch they cannot lay eggs until they are 7 days old, therefore you need to **treat your child in the following way:**

- <u>Day 1</u> this will kill any lice in the hair but the nits will continue to hatch in the days following this so you need to treat your child's hair again on
- <u>Day 6</u> before the new lice can start to lay eggs of their own, but again any remaining nits can continue to hatch up to day 10 so you need to treat the hair again on
- <u>Day 11</u> If you follow the instructions above it should clear your child's hair from the infestation, but do bear in mind that the shell of the nit will still stick to the hair until it is either removed or grows out.

We ask that you check your child's hair at home and if you do find an infestation please treat as directed above to prevent the continuing spread of head lice. Please also check your child's clothing, including their coats, for any evidence of head lice and treat accordingly.

Please notify the office if you find an infestation in your child's hair as we are obliged to notify the parent/guardians of other pupil in the classroom.

Thank you in advance for your co-operation with this matter.

Is mise le meas,

Emer O'Gorman

Emer O'Gorman Príomhoide